

Everyday Food

Breakfast 7.30am to 8.30am

Thick Raisin Toast w butter	\$ 1
Greek Yoghurt w fruit swirl	\$ 2
Up N Go Assorted flavours	\$ 3
Banana Bread	\$ 2.50
GF Banana Bread	\$ 3
Mini Hash Browns (4)	\$ 2
Bacon & Egg Roll w Hollandaise	\$ 5
HM Granola w Greek yoghurt & Berries (gf)	\$ 4.50
Ham & Cheese Sour Dough Toastie	\$ 4
Tomato & Cheese Sour Dough Toastie	\$ 4

Fresh Sandwiches \$ 4.70

(selection varies)

Chicken & Avocado
Ham, cheese & tomato
Egg & Lettuce
Chicken, Lettuce & Mayo
Tuna, Lettuce & Mayo

Fresh Tortilla Wraps \$ 5

(selection varies) (gf \$5.50)

Teriyaki Chicken & salad (h)
Sweet Chilli Chicken (h)
Ham, Cheese & salad
Avocado & Salad (vg)
Cheese & Salad (v)

Fresh Salads \$ 6

(Selection varies)

Chicken Caesar
Poke Bowls Sashimi Tuna; Chicken or Avocado (gf/df)
Roast Sweet Potato, Black Rice & Feta (gf)
Pumpkin & Quinoa
Vietnamese Noodle



Hot food

Garlic Bread (vg)	\$ 2
Large Sausage Roll (h)	\$4.50
Lite Beef Pie (h)	\$ 5
Beef Lasagne (h)	\$ 5
Gluten-Free Beef Lasagne (h)	\$ 5.50
Hot Dog	\$ 3.50
Mac 'n Cheese (v)	\$ 4
Pasta of the Day	\$ 4.50

Pizza Extravaganza (Lunch only) \$ 5

choice between—BBQ Meat lovers; Hawaiian; Moroccan (vg);
Vegetarian; BBQ Cheeseburger (h); Tandoori Chicken (h)
Hawaiian without Pineapple (ham); Pepperoni

Gourmet Burgers (lunch only) \$5.50

Buttermilk Chicken Burger fresh chicken breast in a
seasoned crumb on ciabatta w slaw & ranch (h)
Beef 'n Cheese on ciabatta w slaw & (h)
Vege Burger w vegan aioli & kale slaw (vg)

Fresh Ciabattas/Rolls \$ 5.50

BLT – Lean Bacon, Lettuce & Roma Tomato w Ranch
dressing

Grilled Chicken (h) – selection varies –Peri Peri; Tandoori;
Cajun; Satay; Teriyaki ; BBQ

(h) halal (v) vegetarian (df) dairy free

(gf) gluten free (vg) vegan

Items may be altered for dietary requirements. Please talk
to our Chef

Lunch Specials

Our specials are popular, pre-order so you don't miss out!

Meat-Free Monday \$6

Check out our Specials Board for this Week's Plant-based Special!

Taco Tuesday \$6 (2)

What's your favourite flavour? (Crisp or Soft)

Wokin' Wednesday \$6

Wok will be this week's special!

Burger Thursday \$6

The best Burgers/Sandwiches from around the world!

Friday, Briday, Pieday

Choose wisely!

The Brick \$6

slow cooked beef brisket burger w our smoky bbq sauce, mayo & kale slaw on ciabatta

Gourmet Pie \$7

Chef's Homemade Pie of the Week



Snacks

Seasonal whole Fruit	from \$ 1
Watermelon/Fruit tub	from \$ 2
Custard	\$ 2
Bega Cheese portion	\$ 1.30
Water crackers (2-pack)	\$ 0.20
Delì box (vegie sticks, fr egg, hummus; pita bread)	\$ 3.50
Emma & Tom's Super food balls	\$ 3
Chocolate or Blueberry Muffins	\$ 3
Popcorn or Potato Chips	from \$ 0.60
Iced Treat's available at Mansfield Central only	from \$ 0.60

Drinks

Cooroy Water 600ml	\$ 1.50
Paul's Full Cream Milk	from \$ 1.50
Breaka Flavoured Milk 300ml	\$ 2.50
Mt Warning Sparkling Water 500ml	\$ 2.50
Cooroy Water 1L pop-top	\$ 2.50
Waterfords Mineral Water 475ml	\$ 3.50
Emma & Toms Juice 250ml	\$ 3.50
Breaka Flavoured Milk 500ml	\$ 3.80
Emma & Tom's Smoothies 350ml	\$ 4.50
Ice Break Iced Coffee 500ml	\$ 4.80
Zymil Flavoured milk 400ml	\$ 4.80
Oak Plus Protein 500ml	\$ 4.80