

A-Block



Breakfast 7am to 8.30am

- ♦ Greek Yoghurt w fruit swirl \$ 2.00
- ♦ Hash Browns (1) (gf) \$ 2.00
- ♦ Fruit cup \$ 2.50
- ♦ Banana Bread \$ 2.80
- ♦ GF Banana Bread \$ 3.20
- ♦ Up N Go Assorted flavours \$ 3.30
- ♦ Pork Dumplings (5) \$ 4.00
- ♦ Ham & Cheese Sour Dough Toastie \$ 5.00
- ♦ Tomato & Cheese Sour Dough Toastie \$ 5.00
- ♦ Bacon & Egg Roll w Hollandaise \$ 5.00

Fresh Sandwiches \$ 5.00

(Daily selection varies)

- ♦ Ham, cheese & tomato
- ♦ Egg & Lettuce
- ♦ Chicken, Lettuce & Mayo
- ♦ Pink Salmon, Lettuce & Mayo

Fresh Tortilla Wraps (MT only) \$5.00

(pre-order before school)

- ♦ Teriyaki Chicken & salad (h)
- ♦ Sweet Chilli Chicken (h)
- ♦ Ham, Cheese & salad
- ♦ Avocado & Salad (vg)

Fresh Salads \$ 5.00

(Ask for today's option)

- ♦ Chicken Caesar
- ♦ Poke Bowls Chicken or Avocado (gf/df)
- ♦ Roast Sweet Potato, Quinoa, Spinach & Feta (gf, v)
- ♦ Vegetarian Soba Noodle
- ♦ Chicken Ranch Salad

Hot food

- ♦ Garlic Bread (vg) \$ 2.30
- ♦ Hot Dog low fat frank w sauce & meal roll \$ 4.00
- ♦ Mac 'n Cheese (v) \$ 4.50
- ♦ Large Sausage Roll (h) \$ 5.00
- ♦ Spinach & Ricotta Roll (v) \$ 5.00
- ♦ Traveller Beef Pie (h) \$ 5.00
- ♦ Beef lasagne (h) \$ 5.00
- ♦ Pasta of the Day (h) \$ 5.00

Pizza Extravaganza (lunch only) \$ 5.00

choice of —BBQ Meatlovers; Hawaiian; Jerk Chicken w aioli (h) Peri Peri Vegi (v); BBQ Cheese-burger (h); Ham; Pepperoni

Gourmet Burgers (lunch only) \$ 5.50

- ♦ Chipotle Chicken Burger -fresh FR chicken breast in seasoned crumb on potato bun w slaw & chipotle aioli (h)
- ♦ Beef 'n Cheese on potato bun w slaw & special sc (h)
- ♦ Garden Burger (vg) w tomato relish & kale slaw (h)

Fresh Turkish Rolls \$ 5.50

- ♦ BLT – Lean Bacon, Lettuce & Roma Tomato w Ranch dressing
- ♦ Grilled Chicken (h) – selection varies -Peri Peri or Tandoori

(h) halal (v) vegetarian (df) dairy free (gf) gluten free (vg) vegan

Items may be altered for dietary requirements. Please talk to our Chef