From the Principal

As students engage in end of semester assessment, it is vital that all students are striving to achieve their best results possible. Talent, intelligence and natural ability are the starting point. However it is hard work, persistence and effort that define achievement. Students who work consistently doing some work each night, give themselves the best opportunity to achieve to their potential. Teachers involve students through their instruction and feedback; students are engaged through their work ethic, effort and attitude; and parents verbalise their expectations, give their support and help minimise distractions. Together teachers, students and parents create the pre-conditions for maximum achievement. I wish all students well and trust that, through their effort and positive attitude, they achieve the learning goals they have set themselves.

Mobile Phone Reminder

Parents, we are seeking your support with regard to mobile phones. It is vital to the smooth running of the school that students do not have mobile phones in their possession at school during school hours. When it is necessary for a student to bring a mobile phone, students can deposit them at the Resource Centre on arrival (from 8am) and can collect them from the Resource Centre on departure. This is the same situation for students during exam block and when entering the school at times outside of the norm. As you are aware, any students found with a mobile phone in their possession will be suspended. It would really be appreciated if parents could continue to reinforce this message with students at home.

Ms Linda Peterson, Acting Principal

Deputy Principals’ News

Year 11 and Year 12 Exam Block

Exam block for YEAR 12 students commences on THURSDAY 12 JUNE AND FINISHES ON FRIDAY 20 JUNE. Monday 23 June and Tuesday 24 June will be QCS practice exams for Year 12 students. Exam block for YEAR 11 students commences on THURSDAY 12 JUNE AND FINISHES ON MONDAY 23 JUNE. On Wednesday 18 June, there will be no MAP and exam block.

Facilities News

Finance Update

Resource charges for 2014 are now due. Very shortly parents will receive a statement outlining outstanding fees owed to the school. These need to be paid to enable the school to provide the high quality programs that are on offer for each student.
child. Please contact me on 3452 5310 if you need to organise a part payment arrangement.

When making a payment into the school bank account, please use a reference number to ensure the payment is credited against the correct student. We presently have funds sitting in our account with no details of who has made the payment.

Mrs Sandy Ebert, Business Services Manager

Faculty News

Business Education

Travel Expo 2014 (by Dilara Ulkutas)

On Friday 16 May, the Year 11 Business Communications Technologies and Year 11 SAS students participated in the Travel Expo as part of a project on ‘Organisations and work teams’. Students were required to work in teams for the duration of this project.

BCT teams had to research information and prepare a travel package for an international destination. Travel packages consisted of a range of promotional materials that suited a particular target market. SAS students also had to prepare travel packages in relation to their travel topic.

The Travel Expo was successful because teams had resources and promotional materials of a very high standard. The hall was filled with striking holiday destinations from Rio de Janeiro and Barcelona to Tokyo, which would appeal to the eyes of many Year 9 Business Education students. There was a beautiful multicultural atmosphere, full of delicious food and drinks, decorative garlands, music, presentations and travel package gifts.

Interpersonal communications played a vital role in this project as students were interacting with many different people using effective communication skills. This was a challenge for students, as each individual had their own strengths and weaknesses and had to respect and get along with each other.

The Travel Expo project was a wonderful and memorable experience for these Year 11 students.

HPE

Representative Sport

Congratulations to Mitchell Bradbrook (9F) who was selected in the Met East Cross Country team to participate in the Queensland Cross Country Championships.

An outstanding effort was achieved by Jasmine Allen (12L) in being selected in the Queensland Karate team. Jasmine will now head to Perth in August to participate in the National Championships. Congratulations Jasmine!

Congratulations also to Lucas Howells (12B) who was selected to attend a Boxing Camp in Melbourne where he will be coached by the Australian boxing coach from the London Olympics. Lucas has been recognised as having great potential.

An update on our previous newsletter has Shana McGowan (8C) and Tiah McLaren (8K) both winning Silver and Bronze Medals at the 2014 Australian Gymnastics Championships in Melbourne. Well done Shana and Tiah. You are amazing rhythmic gymnasts!
Summer Metropolitan Finals – 2014

Congratulations to our Year 10 Boys Cricket team which won its grand final and are Metropolitan Champions. A fantastic effort!

A special mention to our Year 8 Boys Basketball and Year 9 Girls Basketball teams which were Metropolitan semi-finalists and not forgetting our Year 10 Girls Volleyball and Softball Open teams who were Metropolitan Quarter finalists.

Three cheers for all our wonderful Mansfield sporting stars!

Fun Run

I WAS. I AM. I WILL BE.

Mr Craig Healey, HOD HPE

Music

Fanfare District Heat

Congratulations to all of the ensembles and their conductors involved in the district heat of the Education Queensland Fanfare Music Festival. Adjudicator Mr Patrick Pickett, Artistic Director/Conductor of the Queensland Pops Orchestra, was very impressed with the high standard of music presented on the day. The results were as follows:

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<thead>
<tr>
<th>GOLD</th>
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<tr>
<td>Orchestra</td>
<td>String Orchestra</td>
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<td>Sinfonia</td>
<td>Museaus</td>
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<td>Camerata</td>
<td>Wind Ensemble</td>
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<td>Celtic Strings</td>
<td>Chamber Winds</td>
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<td>Symphonic Winds</td>
<td>Woodwind Choir</td>
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Pemulwuy National Male Voice Festival

If you are a keen male singer aged 10 years and over, you are invited to register as a participant in the Pemulwuy National Male Voice Festival (PNMVF), a festival that draws together boys and men from across Australia and abroad who share a passion for singing. The PNMVF will be held from 10-13 July in Brisbane. As well as singing in one of the festival ensembles (Treble Boys Strand, Youth Strand, Adult Strand), participants will attend concerts by guest ensembles and become a part of the massed finale choir that will perform Paul Jarman’s Pemulwuy on the stage of the Concert Hall, Queensland Performing Arts Centre. For more information please visit, http://www.pemulwuy.org.au/

Beauty and the Beast – Can you help?

We are collecting cereal boxes and muesli boxes in all different sizes that will be painted to look like “books”. Instead of throwing them in the recycling bin we would appreciate it if your student could deliver them to the Music staffroom instead. Thank you.

Music Newsletter

Just a reminder that the Music newsletter is now being emailed to all parents at the end of term or in the first week of the new term. This newsletter contains lots of very important information that ensures the smooth running of the Music program including performance dates and all of the necessary permission forms. We would appreciate it if you could return all permission forms promptly. Thank you for your assistance.

Senior Schooling

Queensland Core Skills Test Representatives

Expression of Interest – Administration of Core Skills Test

The Queensland Core Skills (QCS) Test is administered each year by the Queensland Studies Authority. This test is held at designated test centres. For reasons of public accountability, security of test materials and proper conduct of the test, the Authority appoints to each test centre, members of the community who carry out certain duties on behalf of the Authority as Chief Community Representatives and Community Representatives. Chief Community Representatives and Community Representatives do NOT supervise the administration of the test. The duty of these representatives is to report to the Authority office on the conduct of the test. In 2014 the test will be conducted on Tuesday 2 September and Wednesday 3 September.
Expressions of interest are invited from members of the community who are interested in being nominated for the representative positions. Payments are made. Further information and an application package can be obtained from the school’s Upper Office. If interested, please collect, complete and return an application package to the school office ASAP.

**Construction White Card Course**

On Thursday 31 July, we are offering students in Years 10, 11 and 12 the opportunity to complete a Construction White Card Course. This Construction White Card is a safety requirement for any persons wishing to gain entry on construction sites or engaging in industrial workplaces eg. kitchens, building sites.

*Train Up*, which is a Nationally Recognised Training Organisation (NRTO), is offering high school students the opportunity to complete this course at a reduced rate of $45. The regular price per person is usually $80. As we have a number of students completing courses of study in construction and as we continually extend work experience possibilities for our students, we felt that this could be a worthwhile opportunity for students at Mansfield High School during school time.

If your son / daughter is interested, please ask them to sign up on the sheet outside the Senior Schooling office in F10. Permission forms will be handed out in week one next term.

**Greencross Vets – Traineeship Available**

Each year Greencross Vets offers traineeships for current Year 10 and 11 students interested in studying the Certificate II in Animal Studies (ACM20112) while completing their QCE. The program runs for one school year. This is a nationally recognised qualification that will allow those wanting to continue their veterinary nursing studies after school, one year of credit in the three year course to become a qualified veterinary nurse. Topics which will be covered in the program include: OHS, Assist in Animal Care, Veterinary Reception, Nutrition, Surgical and Anaesthetic Nursing, and Sustainable Work Practices. Students receive four points towards their QCE by completing this program. As this program is part of the Government’s initiative to have school-based trainees, there are no course fees for students to participate. If your son / daughter is interested in this traineeship, please ask him/her to collect an application form from Ms Wenzel in F10.

Ms Peta Wenzel, Acting HOD Senior Schooling

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**SOSE**

**Year 9 History Presentation in the Hall (by Stevie Hunter HIS091E)**

On Wednesday 23 April, the Year 9s who study History viewed a presentation entitled the ‘Making of Australia’. Role-play and relics brought the studied units to life and caused the concepts and ideas, first presented in class, to materialise. Initially we travelled back to the 1850s down to Victoria to experience the pitfalls of mining and the corruption of officials on the goldfields. We felt ripped off and were faced with unjust punishment or a life of crime. Then, we explored some authentic 1800s artefacts. Some tried their hand at 19th Century toys and games. Others held real firearms such as rifles and revolvers. One had to be careful not to be drawn in by the claims of the witchdoctors’ ‘miracle potions’ or come within the range of the infamous cat-o-nine-tails. Finally, we sailed off to WW1 with the light horse squad, but unexpectedly found ourselves climbing the cliffs of Gallipoli. We successfully outwitted the enemy for one of the easiest retreats in history. The ‘Making of Australia’ brought our current units to life and cemented what had been touched on in class. This exciting presentation captured our attention, and at the same time, taught us about life and events in Australia’s short, but action-packed history.

Mr Lachlan Hackett, Acting HOD SOSE

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**Guidance News**

**RSL Youth Development Program – Scholarship**

The RSL Youth Development Program has been designed to recognise and reward the efforts of high-achieving Queensland students. The program is offered through RSL (Queensland Branch) and Bond University. Grants of up to $5,000 are awarded annually to Year 10 and 11 Queensland students who have demonstrated academic, community and leadership achievements.

Design College Australia
Photography and graphic design school holiday workshops available:

NIDA – Holiday Workshops
If you are interested in acting, TV presenting or film making then there are several workshops in Brisbane run by National Institute of Dramatic Art (NIDA):

Engineering and Technology Careers Evening
The Engineering and Technology Careers Evening will be held on Wednesday 23 July (5pm-8pm) in the Advanced Engineering Building at the University of Queensland St Lucia Campus. All high school students, parents, teachers and guidance officers are invited to attend the event to hear from recent Engineering and ICT graduates and learn about their experiences in the industry so far. The event will also include the opportunity to talk to academic staff and current students about the programs available and discover why UQ provides students with the best foundation for a career in Engineering and ICT.

For information please contact Courtney Cunningham – 3365 2362 Email: schools@eait.uq.edu.au Web: http://www.eait.uq.edu.au/careers-evening

Media Potential School Holiday Program
Would you like to be a TV star or read prime time news? Improve your confidence, speaking and communication skills?
Mrs Karen Agnew / Ms Kamal Mistry, Guidance Officers

Youth Health Nurse
“We’ve Got Your Back” - Feel Better, Play Better, Live Better

Spinal Health Week (19-25 May) formerly known as National Chiropractic Care Week, is sponsored by the Chiropractors’ Association of Australia (CAA).
This event raises awareness about spinal health and how poor posture can affect a person’s life. This week is a chance to promote good posture which can prevent future health problems.

Spinal Health and the Nervous System
The spine covers and protects the spinal cord of the nervous system. The nervous system controls every cell, tissue and organ in the body. Poor posture can cause the spine to go out of its natural alignment, affecting the ability of the nervous system to control body functions.

The effects of poor posture include:
- Back Pain
- Joint & Muscles Disorders
- Spine Problems
- Fatigue
- Headache
- Rounded Shoulders

Good posture is crucial for optimal body function. A healthy spine means a healthier life.

Today’s technologies, in the form of home entertainment, mobile phones, computers and games consoles mean that more people than ever are adopting poor posture in favour of being active. Sitting for extended periods of time whilst slouched in a chair can affect our spinal health.

DOWNLOAD your free “Just start walking app”:
http://www.juststartwalking.com.au/content/download-the-app

Facts about www.sitright.com.au :
http://www.youtube.com/watch?v=LaH8KVysHOI

DOWNLOAD your free “Sit Right reminder widget”:

Men’s Health Week 9-15 June 2014

And take regular breaks!

Your seat...
- Hips, elbows and knees should be at open angles (slightly more than 90 degrees) 11
- Recline slightly to ease lower back pressure 7
- Thighs parallel to floor
- Ensure feet are flat on floor (or use footrest)
- Sit about one arm-length from the monitor

Your monitor...
- Position centre of screen at eye level – tilt the monitor upwards slightly
- Keep wrists in neutral position, not bent up or down
- Only use wrist rests while resting, not when typing
- Keep alphabetical section of keyboard centred to you

And take regular breaks!
Men’s Health Week is all about celebrating the many wonderful contributions that boys and men bring to our lives, which in turn provides opportunities to think about our health and our wellbeing in a positive way.

“If you can’t do great things, do small things in a great way.”

This idea of celebration is about valuing boys and men and their everyday successes. Improving male health requires an approach that engages boys and blokes.

To improve the mental, physical and social health of boys and men in Australia means working locally alongside them, and understanding how their health is shaped by the various aspects of their lives.

We probably all agree that celebrating many small successes in our lives is a great way to achieve better health and wellbeing – it empowers us to take those small or large steps to make today a better day.

Men’s Health Week gives local communities, local families and local people an opportunity to run events that interest boys and blokes.

It means thinking about what issues impact on the health of boys and blokes in your community and doing something that you think would help.

For over a decade, this idea has shown itself to be a great way to start having those conversations about what it means to be healthy in the different areas of our lives.

For more information on men’s health visit:
http://www.mensline.org.au/
http://www.beyondblue.org.au/resources/for-me/men

Regina Tyson - School Based Youth Health Nurse

Community News

The Next P&C Meeting

The next P&C meeting will be held on Thursday 26 June at 7pm in F Block – F4/5. New members are always welcome to attend.

EOI – Project Manager for MSHS Canteen Redevelopment

The Mansfield State High School P&C is asking for an expression of interest for the services of a project manager to document and run the renovation of the Mansfield High School canteen. For the full scope of work please contact the Mansfield P&C via Sue Holley at sholl143@eq.edu.au.

Expression of interest closes 13 June 2014. Services required are as follows:

- architectural design and documentation from supplied sketch plan
- probable costing
- tender process and documentation
- consultation with relevant authorities and external consultants as required
- overall project management of the renovation
- other services required as agreed upon by both parties.

Thank You Volunteers

A special thank you to the student volunteers who have given time over the last few weekends to help the different community groups we support. The Rotary Clubs of Wishart and Mt Gravatt and The Salvation Army were all most appreciative of your assistance. Thanks also to the parents for supporting these extra commitments.

Chaplaincy News

Chappy Drive 2014

School chaplaincy is about pastoral care, not religious education. Chaplains provide for students’ emotional needs through pastoral care – helping students struggling with a wide range of issues, including: family problems, confusing relationships, peer pressure, self-esteem issues and bullying. Chaplains provide general personal and spiritual advice (when desired), comfort and support to all students and staff, regardless of their religious beliefs. Glen Petersen has recently joined our team and he is passionate about seeing students become resilient and confident people.

Each year parents and community members are given the opportunity to support the vital work performed by our Chaplain. Currently this position is financed by the Federal Government for two days per week and by our School and the wider community for three days per week. If you would like to help us support Glen and the Chaplaincy Program, please download the flyer, complete the tear-off slip and return it with your donation to the Upper Office. All donations over $2 are tax deductible and they must be received by the school BEFORE Wednesday 25 June to ensure they are processed before the end of the financial year. Alternatively, you can donate directly to MSHS Chaplaincy through the SU website by using the following link http://goo.gl/bmjc8T

Mansfield Prayer Group

If you would like to join the Mansfield Prayer Group or would like further information, please email Glen Petersen at glenp@chappy.org.au or call 3452 5333.

The meetings are held in Glen’s office in A-block and the dates for the rest of the Semester are -

- Tuesday 10 June at 2pm (Monday is public holiday)
- Monday 23 June at 2pm.

Queensland Father of the Year Competition

SU Qld is again hosting the Queensland Father of the Year awards in the lead up to Fathers’ Day. The goal is to honour and celebrate the importance of fathers and father-figures throughout our state. The
father of the year will win for himself and his family a five night holiday at Sea World Resort & Water Park and the Gold Coast’s Favourite Theme Parks! If you nominate the successful father of the year, you’ll win an Apple iPad Mini! Nominations are open until 18 July at http://qldfatheroftheyear.org.au/

My Dad Gordon taught me so many valuable life lessons and provided practically for us by working hard. I can’t nominate him for the award because I’m a SU Qld employee but I will be honouring him on Fathers’ Day (3 September). I hope many of you will also honour and celebrate the father-figures in your lives.

QSchools Smartphone App Now Available

In 2013 the Minister released the QSchools Smartphone App, which will integrate with our school’s website, and allow parents, teachers and students to have instant access to live school updates and information. This information will feed directly from our school website showing updated news, events and newsletters posted on our school website.

The school community can also receive emergency announcements such as natural disasters and school closures through the app.

The QSchools App will be particularly useful to parents who have students in different schools, as the app manages updates from multiple schools in a single view.

Additional benefits include:

- Searching for the nearest school by current location, postcode, school name or suburb and view school contact details.
- Adding multiple schools as favourites to enable parents to view updates from multiple schools in a single view.
- Convenient and prompt method of receiving messages/information from school/s.

Downloading app:

The QSchools app is available for parents to download free via the Apple iTunes store and Google Play. For more information view the DETE site: http://deta.qld.gov.au/about/apps/education/qschools.html

Wishart State School 50th Anniversary

This year Wishart State School (previously Mt Gravatt South) turns 50, and there is a number of events planned to help celebrate.

Saturday 19 July: Anniversary Dinner at the Glen Hotel - $50/head. RSVP by Monday 23 June.

Saturday 18 October: Spring Fair. This will be held on the main school oval at Wishart and will involve performances by the various school ensembles. We are interested in hearing from past students and staff with a musical background who would like to perform with us in a massed group. Please contact the number below if you would like to take part.

Friday 28 November: Opening of the school’s “Time Capsule”.

We encourage interested students and staff to contact Wishart State School for more information about these events. Please phone 3849 0555 for more information.

Foster Carers

Mercy Community Services is a non-government organisation which supports foster carers and foster children within the community, particularly in the Brisbane region and it is in desperate need of new foster carers. This program recruits, trains and supports foster carers to provide quality care to vulnerable children and young people who are not able to live with their own families for various reasons. Foster carers are volunteers who provide a valuable service to our local
community through the care they provide to our most vulnerable children. Mercy Community Services would like to reach out to parents and teachers at our school as I’m sure there is a great pool of people willing to consider this and are interested in fostering.

The need for foster carers has significantly increased and they are looking to raise awareness in the community and expand their pool of foster carers in the Brisbane and surrounding suburbs. In Queensland, there are over 8,000 children placed in foster care who have been removed from their parents as the children have suffered abuse or neglect. Unfortunately there are more children coming into foster care than there are foster carers; therefore we need to get the word out about the need for carers and we believe that this may be a great way of doing this.

Mrs Sue Holley, Community Liaison Officer

Canteen Roster

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<tr>
<th>Monday 2 JUNE</th>
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<td>QUEEN’S BIRTHDAY PUBLIC HOLIDAY</td>
<td>C Lowe S Bradshaw</td>
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Saturday 28 JUNE to Sunday 13 JULY WINTER HOLIDAYS

Mrs Rosalie Buzzoni, Canteen Convenor

Calendar of Events

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<th>Tuesday 3 June</th>
<th>Wednesday 4 June</th>
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<td>Newsletter on website/hard copy</td>
<td>SD Winter Sport / MAP Round 4 QDU Round 4 – Yr 10 and Yr 12</td>
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ICAS Science Competition – SDP and Period 1 (Yr 8-10)

Thursday 5 June
Prefect Meeting 1.10pm
Yr 10 Dance Excursion

Monday 9 June
QUEEN’S BIRTHDAY PUBLIC HOLIDAY

Wednesday 11 June
SD Winter Sport / MAP Round 5 QDU Debating Round 4 – Yr 8 and Senior A

Thursday 12 June
Yr 11 and Yr 12 Exam Block begins
Athletics Training 3.15pm to 4.15pm
School Council Meeting 6pm

Friday 13 June
Yr 11 and Yr 12 Exam Block

Monday 16 June
Yr 11 and Yr 12 Exam Block
ICAS Writing Competition (to 20 June by choice)

Tuesday 17 June
Yr 11 and Yr 12 Exam Block
Newsletter on website/hard copy
Maths Team Challenge Day

Wednesday 18 June
Yr 11 and Yr 12 Exam Block
NO MAP
State of Origin Game 2

Thursday 19 June
Yr 11 and Yr 12 Exam Block
Student Council Meeting 1.10pm F Block
(CANCELLED because of exam block)
QUT Showcase Evening
Athletics Training 3.15pm-4.15pm

Friday 20 June
Yr 11 and Yr 12 Exam Block

Monday 23 June
Yr 11 Exam Block
QCS Practice Yr 12
House Captains Meeting 1pm

Tuesday 24 June
QCS Practice Yr 12
TIP Leaders Meeting 1pm

Wednesday 25 June
SD Winter Sport / MAP Round 6
Yr 11 and Yr 12 Religion

Thursday 26 June
Prefects’ ZUMBA session in Hall at lunchtime…GOLD COIN DONATION
Athletics Training 3.15pm-4.15pm
P&C Meeting 7pm in F4/5

Friday 27 June
Final day of school before Winter School Holidays – full attendance required

Saturday 28 JUNE to Sunday 13 JULY WINTER HOLIDAYS