18 March 2014

FROM THE PRINCIPAL

With assignments due and exams looming, parents are encouraged to sit down with their child to help plan and structure their study commitments. When the whole family is aware of a student’s assessment commitments, it does make it easier for all concerned. Students have been learning about time management and study skills in the Student Development Program (SDP) so should have some strategies in place.

It is really important that assessment and attendance at school is given the highest priority. It is about now in the school term when all the other commitments a child has can start becoming difficult to manage. Sport, part-time jobs, extra-curricular commitments and so forth now need to be managed because academic commitments now need to be the priority.

Whilst extensions for overdue assignments are granted when there are extenuating circumstances, this does not extend to students who are withdrawn form school so that the family can go on holidays. An extension for these sorts of reasons would have to be extenuating at least!

Keep shining!

PARKING RESTRICTIONS

Please do not set down, collect or park in any of the restricted zones near the entrances of the school, particularly the Broadwater Road Entrances near the Administration Building and the construction of the new building, and the Ham Road Entrance near the Music Block. Please note that outside the Administration Building is a ‘NO STANDING’ zone that is frequently patrolled by the police or Council officers and the fines are heavy. Wherever there is a YELLOW LINE, vehicles are not to stop. Please DO NOT DRIVE INTO THE SCHOOL GROUNDS OR SCHOOL DRIVEWAYS at any time other than to collect a sick student from the Administration Block or for evening functions. There are many safe areas along Broadwater Road west of Ham Road for drop-off and pick-up. It would be appreciated if you would arrange to collect your student from a designated meeting place some one hundred metres away from the school. Thank you for trying to make our school environment safer. It is so important!

We have recently allocated two regulation size disability parking bays in the Ham Road car park, just next to the Music Block. This parking is available for motorists who require parking access with either RED or BLUE permits only. Please note these bays are clearly marked and are not for general parking use. We currently have students who require access to these parking bays at morning drop off, afternoon pick up and during the day. We ask parents to please refrain from accessing these spaces to ensure parents of students with disabilities can ensure safe and efficient access to the school. Thank you for your understanding and cooperation.

ASSESSMENT / ASSIGNMENT POLICY

This might be an opportune time for parents to discuss the Assessment/Assignment Policies with their students. It is included on Pages 12-14 of the Student Handbook. These policies need to be adhered to.

STUDENT ABSENCE / LATE PROCEDURES

1. A note from a parent or guardian in explanation of a student’s absence must be presented to the Form Teacher within two days of returning to school. Except in special circumstances, failure to do so will result in a detention.

2. If a student is to be absent for more than a couple of days, the parent needs to contact the relevant Deputy Principal to discuss the absence.

3. If a student will be knowingly absent for assessment, it is school policy not to administer the test earlier. If a student is absent, a note of explanation from the parent/guardian is to be brought on the day the student returns to school or at the latest on the following day. After this, an after school detention will be issued and parents will be advised of the date. Obviously it is in the best interest of everyone that the detention does not occur.

Parents are also advised that instead of a note, you may phone the ABSENCE line 3452 5306 and press 9 and leave a message stating: Parent's name, Relationship to student, Student's name, SDP class, When absent, Reason (eg Matt Smith, Father of Gail Jones in 10D, absent today & tomorrow, as she has bronchitis.)

Your assistance with the process above is appreciated.
STUDENTS WANTING TO LEAVE EARLY DURING A SCHOOL DAY

Students MUST have a note, to take to the Lower Office before school. They will be issued with a pass to then have signed by the teacher, from whose class they are leaving early. Just prior to the designated time of pick up, students then leave the class after showing their pass to the teacher, go to the Lower Office/Upper Office with the signed pass to leave and swipe out. No students are to leave classes, unless they have a pass issued to them. In a school of over 1700 students and the complexities that go with that, it is not possible unless in extreme emergencies, for students to be called from a class when a parent arrives at the school office. Thank you for your understanding in this matter.

MESSAGES
Parents/Guardians are requested to phone the school with a message for a student in an EMERGENCY situation only. This will ensure the efficient running of our school. Day to day matters such as where to collect students need to be discussed prior to students arriving at the school in the morning. Parents bringing items left at home to school for students such as lunches, forms or sports items, must be a rare occurrence. Messages for students may only be passed on from parents or guardians.

STUDENT HANDBOOK
Parents are asked to peruse your student’s Handbook on a weekly basis and to sign at the bottom of each page. Students should be writing SPECIFIC homework for each subject that they have that day. It might be something like: Revise Pages 34-37 of Science text book on Energy; Read Ch4 of ‘Holes’ novel; Think about wood joining skills; Write 3 paragraphs on Ancient Egypt. This is not only vital for students’ learning, but it also provides information for parents to assist in the monitoring process.

Please also check that your student’s Handbook is free of graffiti, pictures, scribble etc. Thank you so much for your assistance.

YEAR 11 AND YEAR 12 EXAM BLOCK

Exam block for YEAR 11 and YEAR 12 students commences on MONDAY 24 MARCH AND FINISHES ON MONDAY 31 MARCH. Monday 31 March will be a QCS practice exam for Year 12 students. On Monday 24 March, Tuesday 25 March, Thursday 27 March, Friday 28 March and Monday 31 March the whole school will be working a two session day with a break from 11.25am to 12.30pm each day, so students should ensure that they have a big healthy breakfast on these days. Conditions of study leave are on the permission sheet to be signed by the student and their parent. All students MUST attend MAP on Wednesday 26 March (normal bell times), unless they have a medical certificate. Year 11 and Year 12 students must be at school for a normal programme from Tuesday 1 April until Friday 4 April inclusive.

YEAR 8 to 12 MID-SEMESTER REPORTS

The end of term one reports for Years 9 to 12 will display the student’s achievement level, effort, behaviour and homework. Year 8 reports will also include these aspects in addition to a comment for each subject. In conjunction with the upcoming Parent/Teacher/Student nights in weeks 1 and 2 in Term 2, teachers will indicate on this report whether an interview is requested.

<table>
<thead>
<tr>
<th>Date</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 4 April</td>
<td>Years 8,9,10 Mid-semester reports issued in SDP Class</td>
</tr>
<tr>
<td>Friday 4 April</td>
<td>Parent/Teacher/Student evening bookings for Years 8, 9, 10 open at 6pm</td>
</tr>
<tr>
<td>Wednesday 23 April Term 2 Week 1</td>
<td>Parent/Teacher/Student evening for Years 8, 9,10 3.30 to 7.30pm by appointment</td>
</tr>
<tr>
<td>Wednesday 23 April Term 2 Week 1</td>
<td>Year 11 and 12 Mid-semester reports issued in SDP Class</td>
</tr>
<tr>
<td>Wednesday 23 April Term 2 Week 1</td>
<td>Parent/Teacher/Student evening bookings for Years 11 and 12 open at 6pm</td>
</tr>
<tr>
<td>Wednesday 30 April Term 2 Week 2</td>
<td>Parent/Teacher/Student evening for Years 11 and 12 3.30 to 7.00pm by appointment</td>
</tr>
</tbody>
</table>

PARENT / TEACHER / STUDENT NIGHTS

The format of our Parent/Teacher/Student Night will be as in previous years. Interviews will be held in F Block on the dates and at the times listed below. Parents are to make the bookings themselves by logging onto a site. Parents who have no access to a computer may come to our school to use a computer. The process will be explained in detail on the yellow sheet that your student will receive on the same day, as when the student receives his/her mid-semester report. If you have any difficulties, please phone the school, so that we may help you. It is vital that the timelines are adhered to. The evenings and times for the particular year levels are:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Years 8, 9 and 10:</td>
<td>Wednesday 23 April  3.30pm until 7.30pm</td>
</tr>
<tr>
<td>Years 11 and 12:</td>
<td>Wednesday 30 April  3.30pm until 7pm</td>
</tr>
</tbody>
</table>

YEAR 9 NAPLAN TESTS

NAPLAN (NATIONAL ASSESSMENT PROGRAM Literacy and Numeracy) tests are scheduled for the mornings of Tuesday 13 May, Wednesday 14 May and Thursday 15 May. Parents are asked to ensure that students bring the appropriate equipment (to be advised at a later date) and to be well rested. Year 9 students will soon sit practice tests in the Hall. They are as follows:

- Tuesday 1 April Language Conventions and Writing
- Wednesday 2 April Reading
- Thursday 3 April Numeracy Non-calculator and Calculator

For more information, please view:
QAX 2014

**QAX – Quest for Answers and Explanations** will be available to all students of Mansfield High from 24 February. QAX is a software package that teachers, students and parents may obtain to assist in further developing mathematical skills. The programme has over fifty thousand questions, all of which have worked solutions from foundation level maths to senior level Maths C. Other built-in benefits include a graphic calculator for drawing all graphs and introductory notes and hints for all topics.

Access to the QAX package from home is through the internet so students must purchase the licensing rights to have access to the program. At school every student has free access to this program. This software package will be additional to the maths textbook for each year level. We truly believe this software package will greatly assist every student in our school. Every question has a fully worked solution showing clear and expected communications. The package also includes the ability to summarise the success of your student’s ability in mathematics.

Each Year 8 and 9 TIC (Technologically Integrated Curriculum) class will be using this program in addition to the Year 8 or 9 Maths textbook. We believe that this package has great advantages for all of our students and we take pleasure in offering this additional resource to all families.

The cost of this program is $15 per year, which is very reasonable in comparison with other Maths programs available. To obtain this program, please pay $15 to the lower office, and then see Mr Broome to obtain the registration details.

Please contact your teacher or Maths Head of Department (Mr Broome) to find out more about this program.

**ART NEWS**

**Year 12 Art Experiences**
Recently the Year 12 Visual Art students attended a full day immersive field trip related to their current unit that focuses on the environment. We spent the day examining city locations without ‘art eyes’ and took lots of photographic records. Probably the most compelling aspect of the trip was the hour we spent at the old Boggo Road Goal site. The stories the guide told us and the urban decay evident at the site, were rich fodder for conceptual ideas and wonderful photographic artworks. We also visited the University of Queensland where we viewed an exhibition by indigenous artist Danie Mellor at the Art Museum. We had a great day and the students’ behaviour was exemplary.

**ENGLISH NEWS**

**Lions Youth Of The Year**
Our Year 12 Lions Youth of the Year students have been wonderful ambassadors for the school recently. Isaac Tucker went through to the District Finals on 8 March after his participation last year with Cara Scarpati at Carina Lions. He presented an excellent speech at the finals. Brooke Mansfield, Jasmine Settle and Madison Plant (pictured right) participated through the Griffith Lions Club. They all did a wonderful job presenting both their prepared and impromptu speeches. Ashleigh Say and Nimnaka Weeraseena were our representatives at the Greater Mansfield Mt Gravatt Lions Club. We were very proud of both of them and congratulate Nimnaka for receiving the Public Speaking Award on the night.

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Isaac Tucker
Ashleigh Say
Nimnaka Weeraseena
Brooke Mansfield
Jasmine Settle
Madison Plant
INFORMATION TECHNOLOGY NEWS
The 2014 International Competitions and Assessments for Schools (ICAS) will commence this year on Tuesday 20 May with the Computer Skills Test. Students in Years 8, 9 and 10 electing to participate in the test will receive a certificate and an individual student report. These reports are useful in highlighting student strengths and areas for development. Certificates are awarded for each year level as follows:
• High Distinction to the top 1% of entrants
• Distinction to the next 10% of entrants
• Credit to the next 25% of entrants
• Participation to all other participating students.
A UNSW medal is awarded to the highest score in each year level in each State.

Students are now able to prepare for ICAS and other skills based tests by visiting https://www.eaa.unsw.edu.au/practiseicasonline. Past test papers are also available from Ms Hixon in the IT staffroom.

All students interested in participating in the ICAS Computer Skills competition should return their permission slip to the lower office with $8 payment by 27 March. For more information please email Ms Hixon on khixo1@eq.edu.au.

MUSIC NEWS
Congratulations to all of the senior music ensembles that performed so well at Music in March last Friday night. The hard work and dedication of the musicians and teachers was certainly evident in the performances. Also, thank you to all of the music teachers and supervising teachers who gave up their weekend to give the students the experience of Music Camp.

Music Camp 2 (May 10 - 12), Alexandra Park Conference Centre, Alexandra Headlands
• Ensembles involved - Wind Ensemble, Chamber Winds, Museaus, String Orchestra, Cantus, Cantrice and Male Chorus,
• Forms are available from outside the Music staffroom
• Camp forms and payment due no later than Wednesday, 19 March

STOP THE PRESS!
It's a tale as old as time…
Coming to the School Hall in August…

Beauty and the Beast

SENIOR SCHOOLING NEWS
External Senior Exams
Year 12 students wishing to apply to sit External Senior Examinations, particularly in the area of languages other than English, need to see Ms Wenzel in F10 this week. The examinations available for the following languages other than English are: Arabic, Chinese, Korean, Modern Greek, Polish, Punjabi, Russian, Spanish, and Vietnamese. Students who sit for these exams usually have the results credited towards their OP and they count for four semesters of credit. Students are eligible to sit a maximum of two examinations if they cannot study the subject/s at school. Students must be able to demonstrate they are receiving an appropriate level of tuition in the examination subject. All examinations occur in October and November. Registration and payment is due at our school by 23 April.

QCS Test Special Provision
For those Year 12 students wishing to apply for special provision for the QCS test, a reminder that the closing date for applications to Ms Wenzel is Friday 16 May. For more information, please go to www.qsa.qld.edu.au/1102.html to access the special provisions handbook or see Ms Wenzel in F10.

Year 11 Work Experience 15-19 September
Green 'Employer Details' forms are due Wednesday 26 March. Please ensure your son / daughter has found a placement for work experience and contacted the business to secure and confirm their placement. Students unable to secure a placement must still complete the green form with contact details for at least 4 employers who declined. For those students that are having problems, please see Ms Wenzel in F10 for suggestions and contact details.

School Based Apprenticeships and Traineeships (SATs)
Each week I receive listings of available apprenticeships and traineeships. If your son / daughter is interested in a SAT, please encourage them to check the SAT noticeboard outside F10 each week. For more information, packages are available for parents and students from the school website or Ms Wenzel in F10.
QCS Practice Test for Year 12s

All Year 12 students will sit a practice QCS test on last day of the exam block - Monday 31 March. Students will be required to attend school from 8.40am to 3pm on this day. A briefing for all students will be held in Week 8 outlining QCS test procedures and equipment requirements. This information will also be reiterated in a letter which will be given to all students on this day to inform parents. Can we please ask for your support in ensuring your son / daughter has the following equipment requirements:

<table>
<thead>
<tr>
<th>TEST</th>
<th>Essential Equipment</th>
<th>Optional Equipment</th>
<th>Forbidden</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON AM</td>
<td>Black ink pens</td>
<td>Pencil</td>
<td>Translators</td>
</tr>
<tr>
<td>Be ready to enter the Hall at 8.40am. Writing Task</td>
<td>Pencil sharpener</td>
<td>Mobile phones</td>
<td></td>
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<tr>
<td></td>
<td>Eraser (white gum)</td>
<td>Dictionaries</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Correcting tape</td>
<td>Computers</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Transparent container to carry equipment</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>A water bottle in a clear, unlabelled container</td>
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<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>TEST</th>
<th>Essential Equipment</th>
<th>Optional Equipment</th>
<th>Forbidden</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON PM</td>
<td>Black ink pens</td>
<td>Highlighter</td>
<td>Translators</td>
</tr>
<tr>
<td>Be ready to enter the Hall at 12:30pm. Short Response</td>
<td>Pencils</td>
<td>Mobile phones</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Protractor</td>
<td>Dictionaries</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Drawing compass</td>
<td>Computers</td>
<td></td>
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<tr>
<td></td>
<td>Eraser (white gum)</td>
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<tr>
<td></td>
<td>Coloured pencils (at least 4 different colours)</td>
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<tr>
<td></td>
<td>Ruler</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Approved calculator</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Transparent container to carry equipment</td>
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</table>

GUIDANCE NEWS
School Leavers Fee-Free Training
Year 12 graduates can now undertake fee-free training in high priority qualifications, as part of the Queensland Government’s Great skills, Real opportunities action plan. Year 12 graduates can enrol in a number of Certificate Level 3 qualifications. For further information visit www.training.qld.gov.au/year12feefree or contact the Training Queensland Customer Centre on 1300369935

Careers and Employment Expo
This event is a showcase of tertiary institutions, training colleges, employers and Government initiatives in Queensland.
Dates: Friday 23 May (9am - 3.30pm)
Saturday 24 May (10am - 4pm)

University Open Days
Open days are an excellent opportunity for students considering university to get a real "feel" for the university and attend lectures and talks of specific faculties and careers. Universities will publish detailed programs closer to the dates listed below:

<table>
<thead>
<tr>
<th>Institution</th>
<th>Open Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australian Catholic University</td>
<td>Wednesday 24 July Open Night - 5:30pm - 8:30pm Tours are available all year round. Email <a href="mailto:campustours@acu.edu.au">campustours@acu.edu.au</a></td>
</tr>
<tr>
<td>Bond University</td>
<td>Sunday 14 July 10am - 3pm</td>
</tr>
<tr>
<td>Christian Heritage College</td>
<td>Saturday 25 August Mansfield campus</td>
</tr>
<tr>
<td>CQ University</td>
<td>Sunday 4 August Gladstone campus; Noosa campus Sunday 11 August Bundaberg campus</td>
</tr>
<tr>
<td></td>
<td>Sunday 18 August Mackay campus Sunday 25 August Rockhampton campus</td>
</tr>
<tr>
<td>Griffith University</td>
<td>Sunday 11 August 9am - 2pm, Nathan, Gold Coast and South Bank campuses</td>
</tr>
<tr>
<td>James Cook University</td>
<td>Sunday 25 August 10am - 2pm, Cairns campus Sunday 1 September 10am - 2pm, Townsville campus</td>
</tr>
<tr>
<td>Queensland University of Technology</td>
<td>Sunday 28 July 9am - 3pm, Gardens Point campus Sunday 19 August 9am - 3pm, Caboolture campus</td>
</tr>
<tr>
<td>The University of Queensland</td>
<td>Sunday 4 August 9am - 3pm, St. Lucia campus Wednesday 7 August 2:30pm - 6:30pm, Ipswich campus Sunday 18 August 9:30am - 3pm, Gatton campus</td>
</tr>
<tr>
<td>University of New England</td>
<td>Friday 3 May For personalised campus tours, phone 1800 818 865</td>
</tr>
</tbody>
</table>
Year 12 Bonus Schemes
A number of QTAC's institutions operate Bonus Rank Schemes for current Year 12 students applying to commence tertiary study at these universities. These schemes recognise achievement in a range of study areas. Bonus ranks may be awarded for successful completion of specific Queensland Year 12 subjects such as Languages other than English (LOTE) and Maths C, and some university-level subjects. A current Year 12 applicant may potentially be awarded a combination of bonus ranks. The maximum number of bonus ranks awarded will depend on the institution. For further information on the Bonus Rank Scheme please check out the website below. http://www.qtac.edu.au/Applying-SAS/Year12Bonus.html

Youth off the Streets National Scholarship
The Youth off the Streets National Scholarship program celebrates the talents and strengths of young people from the Australian community who exhibit extraordinary promise, but who lack the personal support networks and resources that allow them to fulfil their potential. This year throughout Australia, over 20 young people aged 16 to 21 will be awarded scholarships. Scholarship recipients will receive mentoring and funding of up to $6,000 over two years, to assist them with their education and training. Nominations close 5pm on Friday 4 April. See website for further information: http://www.youthoffthestreets.com.au/scholarshipprogram

SCHOOL NURSE NEWS
National Day of Action Against Bullying and Violence - Friday 21 March
On Friday 21 March schools across Australia will join together to mark the fourth National Day of Action against Bullying and Violence. This annual day provides a focus for schools to say: Bullying - No Way! It is also a day to strengthen everyday messages that bullying and violence at school are not okay at any time. Bullying is behaviour that is meant to be hurtful; targets a person or group of people; happens more than once, and embarrasses, threatens or intimidates the person being bullied. It may happen in person but can also happen out of sight or online. Bullies don’t always work alone. The impact of bullying can be even greater when a group of people begin to act together. Cyber bullying happens at least every few weeks to about one in 10 young people, and workplace bullying is also a common experience reported by young people. Bullying can happen to anyone. It might happen to you, your friend or someone online. People being bullied often feel powerless and alone, or worried about what the bully might do next. The impact of bullying can last longer than the bullying itself. Experiencing bullying can increase a person’s chances of developing anxiety or depression.
For more information and support in regards to bullying and violence visit the below websites: http://bullyingnoway.gov.au
Youth Beyond Blue: www.youthbeyondblue.com Headspace: www.headspace.org.au
Regina Tyson - School Based Youth Health Nurse Every Monday, Tuesday and Wednesday - Room A31 - Ext 363

COMMUNITY NEWS
P&C Meeting
The next P&C meeting will be held on Thursday 27 March at 7pm in F Block – F4/5. This is the block next to the Hall where Parent/Teacher interviews are held. New members are always welcome.

Environmental Council
Clean Up Australia Day
Clean Up Australia day is when people are willing to do something themselves to help protect and care for the environment. Over the past 20 years, Australians have devoted more than 24 million hours towards the environment through Clean Up Australia Day and collected over 200,000 tonnes of rubbish! This year at Mansfield High, over 50 students offered their lunch time to help collect rubbish, armed with pick-up sticks, recycling bags and rubbish bags. Students had fun while cleaning up, recycling and saving the environment! If everyone picked up at least one piece of rubbish every day, imagine how much cleaner Mansfield would be. Every piece makes a difference!

By Hillary Te (Year 11)
Uniform Committee
The Uniform Committee consists of P&C representatives (one from each year level), Student Council representatives (one from each year level) and staff representatives. The group meets as required. Some of the roles of the Uniform Committee are to:
- Help monitor the quality of our school uniform items
- Consider any suggested items
- Assist with the planning of new items for e.g. design, fabric/materials, suitability, longevity etc.

The group will be meeting in the near future to discuss:
- Any issues about quality that have arisen
- The matters discussed at the recent P&C Meeting, namely:
  (i) a compulsory training shirt and shorts costing approximately $70 for all students who will be involved in training, regardless of whether the student trains once a year or every day. This is in addition to the normal sports uniform worn for HPE and some sport teams/MAP activities.

  The reasons for this proposal are: the fabric will be more resilient to the rigours of training, and to display our new TEAL TRIDENTS logo.

  However some matters of concern that have already been raised are:
  - the extra cost of $60 per student
  - students maybe having to carry/wear three uniforms in the one day
  - the need for individual order forms for each student as each shirt is individually numbered
  - management of the ordering process
  - no second-hand market as shirts are individually numbered
  - shirts cannot be passed from student to student, including not from family member to family member.

  (ii) School-funded interschool sport uniforms displaying our new TEAL TRIDENTS logo for various sports. These will be distributed weekly to students and laundered at school.

Parents are highly encouraged to contact their year level parent representatives with their comments. Contact details are:

Yr 8 Parent  Jennifer Lumsden  wil229@bigpond.com  0411 135 131
Yr 9 Parent  Sharene Rapisardi  sharenene13@optusnet.com.au  0421 197 069
Yr 10 Parent Anne-Maree Mircic  iamircic@bigpond.com  3343 1901
Yr 11 Parent Michelle Riding  michelleriding1@gmail.com  0414 773 301
Yr 12 Parent Sue Holley  sholl143@eq.edu.au  3452 5337

Student Success
Congratulations to Year 12 student, Andrew Thomas (pictured right), who has recently been awarded a Certificate III in Dental Assisting. Andrew completed the 1 year full-time course externally over 2 years, including weekly work experience after school and during school holidays. This is quite an achievement on top of all his other commitments. Congratulations Andrew!

Parenting seminar
This Wednesday 19 March at 7pm, Mansfield State School is holding a free parenting seminar in the Mansfield State School Library. The topic for the evening will be behaviour management and the seminar is hosted by the Gateway Counselling and Wholeness Centre.

Canteen Roster

<table>
<thead>
<tr>
<th>Monday 17 March</th>
<th>Tuesday 18 March</th>
<th>Wednesday 19 March</th>
<th>Thursday 20 March</th>
<th>Friday 21 March</th>
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</thead>
<tbody>
<tr>
<td>M. Asmussen</td>
<td>K. Oliver</td>
<td>S. Rapisardi</td>
<td>L. Look</td>
<td>M. Bucher</td>
</tr>
<tr>
<td>R. Tucker</td>
<td></td>
<td></td>
<td>Jenny Barr</td>
<td>M. Gunton</td>
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<table>
<thead>
<tr>
<th>Monday 24 March</th>
<th>Tuesday 25 March</th>
<th>Wednesday 26 March</th>
<th>Thursday 27 March</th>
<th>Friday 28 March</th>
</tr>
</thead>
<tbody>
<tr>
<td>S. Philips</td>
<td>L. Tippett</td>
<td>May Qui</td>
<td>Belinda Measures</td>
<td>S. Edgeworth</td>
</tr>
<tr>
<td>Sara Brown</td>
<td>I. Jones</td>
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<td></td>
<td>N. O’Shea</td>
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Calendar of Events

<table>
<thead>
<tr>
<th>Tuesday 18 March</th>
<th>Newsletter on website/hard copy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 19 March</td>
<td>SD Summer Round 6 / MAP Per 4</td>
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<tr>
<td></td>
<td>QDU Round 1 – Yr 8 and Senior A</td>
</tr>
<tr>
<td></td>
<td>Yr 12 QCS Briefing &amp; Dance Practice Per 1</td>
</tr>
<tr>
<td>Thursday 20 March</td>
<td>Cross Country Training 7.20am</td>
</tr>
<tr>
<td>Friday 21 March</td>
<td>Somerset Celebration of Literature Festival Excursion (all day)</td>
</tr>
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<td></td>
<td>Harmony Day</td>
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<tr>
<td></td>
<td>Futsal State Titles (finals)</td>
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</tbody>
</table>
Monday 24 March
4/4 Day
Yr 11 & 12 EXAM BLOCK
Cross Country Training 7.20am
Yr 12 QCS Practice Test
Yr 8 Geography Competition this week

Tuesday 25 March
4/4 Day
Yr 11 & 12 EXAM BLOCK
CROISSANT and O-BENTOO DAY

Wednesday 26 March
Normal bell times
Yr 11 & 12 EXAM BLOCK
SD Summer Round 7 / MAP in Per 4
QDU Debating Rd 2 – Yrs 9 & 11
IT IS COMPULSORY FOR ALL YEAR 11 AND YEAR 12 STUDENTS TO ATTEND MAP

Thursday 27 March
4/4 Day
Yr 11 & 12 EXAM BLOCK
Cross Country Training 7.20am
Prefect Meeting 1.10pm
P&C Meeting 7.00pm

Friday 28 March
4/4 Day
Yr 11 & 12 EXAM BLOCK
Yr 8 Geography Excursion to Stradbroke Island (8B, 8C, 8D, 8E, 8H, 8M)

Monday 31 March
4/4 Day
Yr 11 & 12 EXAM BLOCK
Yr 12 QCS Practice
Cross Country Training 7.20am

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Eat for your Life

*Eat for your Life* is a special book by celebrity chef Alison Taafe in which she takes readers on the powerful journey of her sister Laura’s fight to beat secondary breast cancer and shares her vast knowledge of food and nutrition. All recipes contain fresh fruit and vegetables, legumes and wholegrains and offer alternatives to salt, sugar, flour and dairy ingredients. The recipes are designed to boost your immune system, help fight cancer and heart disease, tackle stress and reduce cholesterol. The recipes can easily be adapted for those on gluten-free, wheat-free, ovo-vegetarian, lacto-vegetarian, ovo-lacto vegetarian and vegan diets. [http://www.alisontaafe.com.au/about.aspx](http://www.alisontaafe.com.au/about.aspx)

Copies of *Eat for Your Life* are being sold to raise funds in support of Cathy Jennings, a former Science Operations Officer at MSHS, who is fighting her own battle with cancer. If you would like to support Cathy in her battle and add a fabulous cookbook to your collection, please return the order form along with $30 (cash only) to the Upper Office or to Sue Holley before Wednesday 2 April. The cookbooks will be available for collection in week 2 of term 2.

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**Eat for your Life – Order form**

(Please return to the Upper Office or to Mrs Holley)

Name: ____________________________________________________________

Contact number: __________________________________________________

Student’s name: ___________________________________________________

Form class: _______________________________________________________

Number of copies @$30/copy: ________________________________

Total amount enclosed: $ ____________________________

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Mansfield Literary Festival

26 – 31 May

**SHORT STORY & POETRY WRITING COMPETITION**

To celebrate this year’s Mansfield Literary Festival we are inviting budding wordsmiths from Year 8 to 12 to enter original poems and short stories and get the chance to have your work included in our first Literary Anthology.

For more details and registration, see Ms Distor (A30) or Ms O’Sullivan (G02) at Morning Tea or Lunch.

You may also inquire about the competition and word limits with the following teachers/year coordinators:

Year 8—Mr Connell  
Year 9—Mr Hanlon  
Year 10—Ms Smith  
Year 11—Ms Solah  
Year 12—Mrs Bladin

Entries must be submitted to Ms Distor (dist2@eq.edu.au) by 28 April 2014, 3pm
Mansfield High 2014 SWIM TEAM
At the District Carnival: Tuesday Feb 18th
Mansfield emerged 2nd overall from 11 schools – Great effort! We also broke 3 records:
Delaney Ronan (400m Free)
Jake Ross (100m Free & 50m Fly)
We also had Age Champions and Runners-Up everywhere...
Alicia Kane (15yrs Age Champ)
Delaney Ronan (17yrs Age Champ)
Runners-Up:
Ryan Magee (14yrs)
Jake Ross (17yrs)
Stella Karanasios (14yrs)

CONGRATULATIONS
Our fabulous swimmers capped a marvellous season with Met East selection!
• Jake Ross
• Delaney Ronan
• Kieren Player
• Ryan Magee
• Stella Karanasios
> We look forward to celebrating after their State Swims from 27-29 March.

Mansfield High 2014 SWIM TEAM
Well done everyone:
• Matt Cowan
• Wenona Cramp-Church
• Taylor Mitchell
• Kieren Player
• Tom Rawlins
• Caitlin Profke
• Trinity Rhodes
• Tahlia Seeto
• Amber Winter
These students dedicate countless hours to their craft – we applaud their dedication.

2014 Mansfield High
CROSS COUNTRY
CARNIVAL
Thursday 3rd April
Period 3 and 4 only
* Must attend 2 training sessions to qualify
> 7.20am Monday & Thursday at school.

I spent 2 years studying to become a Primary School HPE teacher then changed my studies to secondary HPE and Maths. When I finish at the end of 2015, I plan to travel to America to volunteer at Summer Camps on the East Coast. I want to teach in Australia and maybe London. Teaching can take you around the world and I love what it brings me!

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Player Profile

Emma Barwick
Year 8
Role: Year 8 Touch and Futsal
Famous for: Loving all sport! State Soccer, Futsal, Athletics, Swimming and Cross Country.
Born: 2000
Star sign: Virgo
Fav Movie: Hunger Games
Fav Food: Pizza
Fav Team: Matilda (Australian Women’s Soccer team)
Hobbies: Sport and spending time with friends
Best Holiday: I enjoy them all!
Future Job: still deciding…
If you could invite 4 famous people to dinner, who would they be?
Tameka Butt, Kyah Simon, Sally Pearson and Cristiano Renaldo

Player Profile

Year 12 student Kieren Player had one goal – to compete at Nationals! On the 9 February he travelled to Geelong in Victoria to compete in the Open Water 5km swim. He comprehensively completed this task in under an hour – a PB for his trip! Training 4 hours each day, Kieren and his supportive family are set to go to Sydney during Easter holidays for another set of Nationals!!
You are a motivation to us all Kieren. Well done!

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14 years Futsal “A” team
They play the Grand Final on Friday 21st March

Internal MOTIVATOR
Nicole Wood… Class of 2009!

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**Coming Up**

1) Thursday 3 April  
   - **Cross Country Carnival**

2) Monday 26 May  
   - **MSG Movie Night @ Carindale**

3) Wednesday 30 April (Term 2)  
   - **Summer Sports FINALS**

4) Thursday 24 April (Week 1)  
   - **Winter Sports Trials**

5) Friday 22 August (Term 3)  
   - **MSG Trivia Night**

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**Queensland State Diving Trials**

Xantheia Pennisi & Jessica Siedlecki have been invited to attend the State Diving trials. Good Luck girls!

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**State Tennis Trials**

Year 11 students, Elizabeth Goos & Alexander Pavkovich have earned the right to represent Met East at the State Tennis titles. Both students played well above their rankings at trials and are congratulated on their commitment to excellence. Well done and good luck!

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**Teams in contention for District Finals after 5 rounds…**

- **Boys:**
  - Open Volleyball 2nd
  - 10 Volleyball 1st
  - 8 Volleyball
  - Cricket Open
  - Cricket Juniors
  - Open Touch
  - 10 Touch
  - 9 Touch
  - Futsal Seniors
  - Futsal Juniors
  - Basketball 9
  - Basketball 8
  - Squash Sen & Jun

- **Girls:**
  - Open Volleyball
  - 9 Volleyball
  - 8 Volleyball
  - Open Touch
  - 10 Touch
  - 9 Touch
  - Futsal Seniors A
  - Basketball 9
  - Basketball 8
  - Softball Seniors
  - Softball 8/9
Swimming Carnival
Swimming Carnival
Swimming Carnival